



Shabab Sahara
Wadi Rum Young Adults Association
Lunch Programme



Simple LUNCH (\$10 / PAX)

Menu:

1. 'Galaya'
Fried onion, tomato, vegetables, tuna, rice + bread.
2. Omelette
3. Salad with humus & aubergine
4. Yogurt & cucumber
5. Tuna & sweet corn.
6. Bedouin Tea, mineral water & biscuits



CLASSIC LUNCH (\$17 / PAX)

Menu:

1. 'Mensaf' or 'Matulba' (dish decided by cook)
Traditional Jordanian dishes with chicken
Matulba includes potatoes & cauliflower. Served with rice and bread.
2. Salad with humus & aubergine
3. Fruits, biscuits and traditional Arabian sweets
4. Bedouin Tea, mineral water



COMFORT LUNCH (\$25 / PAX, MINIMUM 10 PAX)

Menu:

1. 'Zarb'
Traditional Bedouin dish cooked on pre-heated stones and baked in a sand pit (all properly covered). Includes lamb, potatoes, vegetables.
Served with rice and bread.
2. Fruits, biscuits and traditional Arabian sweets.
3. Bedouin tea & Bedouin coffee, mineral water.



Please note, all lunch prices/pax, quoted above, do not include transportation to the venue.

